ORE-IDA® OVEN READY 1/2" CRINKLE CUT FRENCH FRIES
USDA School Lunch Meal Planning Nutrition Facts
1000007470

Meets Smart Snack Qualification: Yes
Meets Buy American Qualification: Yes
Country of Origin: USA
Religious Certification(s): No

---

### USDA Food Buying Guide (FBG) for Child Nutrition Programs

<table>
<thead>
<tr>
<th>USDA Purchase Unit</th>
<th>USDA Servings per Purchase Unit</th>
<th>USDA Serving Size per Meal Contribution</th>
<th>USDA Purchase Units for 100</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Pound</td>
<td>16.2</td>
<td>1/4 cup cooked vegetable</td>
<td>6.2</td>
</tr>
</tbody>
</table>

---

### McCain Equivalent per Bag

<table>
<thead>
<tr>
<th>McCain Purchase Unit</th>
<th>USDA Servings per Purchase Unit</th>
<th>USDA Serving Size per Meal Contribution</th>
<th>McCain Purchase Units for 100</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 Pounds</td>
<td>37.38</td>
<td>1/2 cup cooked vegetable</td>
<td>2.68</td>
</tr>
</tbody>
</table>

---

### McCain Equivalent per Case

<table>
<thead>
<tr>
<th>McCain Purchase Unit</th>
<th>USDA Servings per Purchase Unit</th>
<th>USDA Serving Size per Meal Contribution</th>
<th>McCain Purchase Units for 100</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 Pounds (6 Bags per Case)</td>
<td>224.29</td>
<td>1/2 cup cooked vegetable</td>
<td>0.45</td>
</tr>
</tbody>
</table>

---

### Description of Creditable Ingredients per Food Buying Guide (FBG)

<table>
<thead>
<tr>
<th>Ounces per Raw Portion of Creditable Ingredient*</th>
<th>Multiply</th>
<th>FBG Yield/Servings per Unit</th>
<th>Creditable Amount*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potato, FF, Frozen, CC, Low Moisture 1.98 oz by weight</td>
<td>X 16.2 / 16</td>
<td>2.000</td>
<td>2.000</td>
</tr>
</tbody>
</table>

*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

### Quarter Cup to Cup Conversion:

- 0.5 Quarter Cups = 1/8 Cup
- 1.0 Quarter Cups = 1/4 Cup
- 1.5 Quarter Cups = 3/8 Cup
- 2.0 Quarter Cups = 1/2 Cups
- 2.5 Quarter Cups = 5/8 Cup
- 3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

7/26/2023
Darcy Kilpatrick
Research and Development
**McCain® Crispy Bakeable Seasoned 1/2" Deep Groove Crinkle Fries**

**McCain® Crispy Bakeable Seasoned Deep Groove Crinkle Fries 1/2".**

**PRODUCT DETAILS**

**GENERAL:**
Packaging: 6/5 lb
Best if used within 730 days of production date
Servings size: 3 oz / about 12 pieces (85g)
Servings per container: 27

**CASE:**
Net weight case 30 lbs.
Gross weight case 31.29 lbs.

**PRODUCT CODES:**
SKU 1000007470
GTIN (Unit) 10072714005647
GTIN (Case) 10072714005647

**PREPARATION**

**GENERAL CAUTIONS:**
For best results, cook from frozen state using recommended time and temperature. Always cook to light golden color. Do not overcook. When cooking smaller amounts, reduce cooking time. Product must be fully cooked for food safety and quality.

**DEEP FRY**
Temp (°F): 350
Instructions:
Fill basket half full (1.5 lbs) with frozen fries. Deep fry @ 350°F for 2 1/2 to 3 minutes.

**BAKE - CONVECTION**
Temp (°F): 425
Instructions:
Preheat oven to 425°F. Spread frozen fries on a shallow baking pan and spread evenly. Single tray (1/2 bag - 2.5 lbs) bake for 10 to 14 minutes, turning once halfway through for uniform cooking. Full oven (5 trays - 12.5 lbs) bake for 25 to 27 minutes. Turning once halfway through for uniform cooking.

**ADULT NUTRITION FACTS**

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>Amount Per Serving</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 oz / about 12 pieces (85g)</td>
<td></td>
</tr>
</tbody>
</table>

**Calories** 130
Total Fat 4.5g 6%
Saturated Fat 0.5g 3%
Mono Unsaturated Fat 2g
Poly Saturated Fat 2g
Trans Fat 0g
Cholesterol 0g 0%
Sodium 240mg 11%
Total Carbohydrate 22g 8%
Dietary fiber 1g 4%
Total Sugars 0g
Added Sugars 0g 0%
Protein 2g 4%
Vitamin D 0mcg 0%
Calcium 10mg 0%
Iron 0.4mg 2%
Potassium 290mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**

Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified, Contains 2% or less of Annatto Extract (color), Corn Starch, Corn Starch - Modified, Dextrin, Dextrose, Extractives of Capsicum, Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Paprika (color), Paprika Extract (color), Potassium Chloride, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Color, Spices, Tapioca Starch - Modified, Xanthan Gum.