**Smart Snacks Product Calculator Results**

Brand: **General Mills**

Product Name: **Cinnamon Toast Crunch Cereal Bar**

Serving Size: **40.00 g**

First Ingredient: **Whole Grain Oats**

- Your whole grain product meets all nutrient standards.

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**Nutrition Facts**

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories (kcal)</td>
<td>150</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>30</td>
</tr>
<tr>
<td>Total Fat (g)</td>
<td>3</td>
</tr>
<tr>
<td>Saturated Fat (g)</td>
<td>0.5</td>
</tr>
<tr>
<td>Trans Fat (g)</td>
<td>0</td>
</tr>
<tr>
<td>Sodium (mg)</td>
<td>115</td>
</tr>
<tr>
<td>Carbohydrates</td>
<td></td>
</tr>
<tr>
<td>Sugars (g)</td>
<td>8</td>
</tr>
<tr>
<td>Vitamin D (%)</td>
<td>NA</td>
</tr>
<tr>
<td>Potassium (%)</td>
<td>NA</td>
</tr>
<tr>
<td>Calcium (%)</td>
<td>NA</td>
</tr>
<tr>
<td>Dietary Fiber (%)</td>
<td>NA</td>
</tr>
</tbody>
</table>
Cinnamon Toast Crunch® Cereal Bar

Cereal - First Ingredient. A chewy cereal bar made with Cinnamon Toast Crunch pieces. 150 calories. 1 oz equivalent grain.

UNIT SIZE: 1.42 OZ
CASE COUNT: 96

ALLERGENS:
• CONTAINS WHEAT AND SOY INGREDIENTS

PRODUCT CODE: 45576000
UPC: 016000455764
GTIN: 10016000455761

Nutrition Facts
Serving Size: 1 Bar (40g)
Amount Per Serving: As Packaged

Calories: 150
Calories From Fat: 30

% Daily Value*
Total Fat: 3g (5%)
Saturated Fat: 0.5g (3%)
Trans Fat: 0g
Cholesterol: 0mg (0%)
Sodium: 115mg (5%)
Total Carbohydrate: 30g (10%)
Dietary Fiber: 3g (12%)
Sugars: 8g
Protein: 3g
Vitamin A: 0%
Vitamin C: 0%
Calcium: 20%
Iron: 10%
Riboflavin  8%
Niacin  8%
Vitamin B6  8%
Folic Acid  8%
Zinc  8%

* Percent Daily Value (DV) are based on a 2,000 calorie diet
* - Not a significant nutrient source
* Nutritional information is subject to change. See product label to verify ingredients and allergens.
*Do not eat raw dough or batter.

Ingredients
Whole Grain Oats, Cereal (whole grain wheat, rice flour, sugar, maltodextrin, dextrose, canola oil and/or rice bran oil, salt, trisodium phosphate, calcium carbonate, zinc and iron [mineral nutrients], caramel color, A B Vitamin [niacinamide], Vitamin B6 [pyridoxine hydrochloride], Vitamin B2 [riboflavin], A B Vitamin [folic acid]), Corn Syrup, Sugar, Fructose, Canola And/or Rice Bran Oil, Whole Wheat Flour, Brown Rice Flour, Chicory Root Extract, Whole Corn Flour. Contains 2% or less of: Maltodextrin, Glycerin, WholeOat Flour, Wheat Starch, Calcium Carbonate, Salt, Color Added, Cinnamon, Gelatin, Baking Soda, Natural Flavor, Soy Lecithin. BHT Added to Retain Freshness.

NET WEIGHT: N/A  VOLUME: .807 CF  HEIGHT: 6.37 IN
LENGTH: 17.87 IN  WIDTH: 12.25 IN  CASE SIZE: .807 CF

* Nutritional information is subject to change. See product label to verify ingredients and allergens.