



Commodity Processor

Fresh Sliced Apple

Fresh-Cut & Ready-to-Eat

Any way you "slice it" Peterson Farms apples taste great! Sliced apples are perfect for —
Cafeteria Lunches • Breakfast in the Classroom
After School Programs • Sack Lunches
A La Carte

One 2 oz bag of apple slices provides 1/2 cup serving of fruit per USDA guidelines



SPECIFICATIONS	
Bag Size	2 oz = 1/2 cup
Case Count	100
Pallet Count	70 cs
Cases per Raw Apple Truckload	3700 cs (100 - 2 oz)

NUTRITION FACTS	
Serving Size	2 oz (1/2 cup)
Calories	30
Total Fat	0 g
Cholesterol	0 g
Sodium	0 mg
Carbohydrates	7 g
Dietary Fiber	1 g
Sugars	6 g
Protein	0 g
Vitamin A	0 %
Vitamin C	35 %
Calcium	2 %
Iron	0 %

- Healthy & Nutritious
- Excellent Source of Vitamin C
- USDA Approved Servings
- USDA NPA Holder
- Whole Apple for Processing Code 110149
- BP ID 5003777
- Kosher & Parve
- Storage 34° - 40°F

INGREDIENTS: Apples, Calcium Ascorbate (to maintain freshness and color).



PRODUCT OF USA

Ingredient Number :009003
Ingredient Description :APPLES, RAW, WITH SKIN ALL VARIETIES
Class :BID 2018-19
Source :USDA Nutrient Data Base

Date Added :01/31/1994
 Date Modified :03/09/2016

Measurements

Measurement	Weight	O/G	Measurement	Weight	O/G
LB	16	OZS.	extra small (2-1/2 dia)"	101	GRAMS
CUP, qtr or chopped	125	GRAMS	NLEA serving	242	GRAMS
CUP, slices	109	GRAMS	large (2/lb)	7.4781	OZS.
large (3-1/4 dia)"	223	GRAMS	medium, 3/lb.	4.8678	OZS.
medium (3 dia)"	182	GRAMS	each, 3/lb.	4.8678	OZS.
small (2-3/4 dia)"	149	GRAMS	EACH (125ct)	4.8678	OZS.

Nutrients

Per 100 Grams

Calories	52.00 kcal	Cholesterol	0.00 mg	Protein	0.26 g	Calcium	6.00 mg
Total Fat	0.17 g	Sodium	1.00 mg	Sugars	10.39 g	Iron	0.12 mg
Saturated Fat	0.03 g	Carbohydrate	13.81 g	Vitamin A	54.00 IU	Water ¹	85.56 g
Trans. Fat ²	0.00 g	Dietary Fiber	2.40 g	Vitamin C	4.60 mg	Ash ¹	0.19 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Purchase Information

Manufacturer Name : BLISS CHARLES G
 Product Number : 4-9-2018

Purchase Unit Description : CASE
 Stock Unit Description : LB
 Stock Units Per Purchase Units : 40
 Available as commodity : No
 Interface Ingredient Number :

Market Cost Per Purchase Unit \$: 30.5000
 Commodity Value \$: 0.0000

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Section 3 - Fruits

1. Food As Purchased, AP	2. Purchase Unit	3. Servings per Purchase Unit, EP	4. Serving Size	5. Purchase Units for 100 Servings	6. Additional Information
BANANAS					
Bananas, fresh <i>150 count, 7 to 7-7/8 inch, Whole</i>	Pound	3.60	1 banana (1/2 cup fruit)	27.80	
	Pound	7.20	1/4 cup sliced fruit	13.90	1 lb AP = 0.64 lb (about 1-5/8 cups) ready-to-serve banana slices
Bananas, fresh <i>100-120 count, Regular, Whole</i>	Pound	7.07	1/4 cup raw, 1/2-inch sliced fruit	14.20	1 lb AP = 0.64 lb (about 1-3/4 cups) peeled, 1/2-inch slices of bananas
	Pound	5.39	1/4 cup raw fruit, unpeeled (about 1/2 banana)	18.60	
	Pound	5.20	1/4 cup mashed fruit	19.30	
Bananas, canned <i>Mashed</i>	No. 10 Can (116 oz)	50.90	1/4 cup fruit	2.00	
	Pound	7.00	1/4 cup fruit	14.30	
Bananas, dried² <i>Slices, 100% dried fruit only</i>	Pound	19.60	1/4 cup dried fruit slices (credits as 1/2 cup fruit in NSLP/SBP and CACFP)	5.20	1 lb AP = 1 lb (about 4-7/8 cups) ready-to-serve dried bananas
BLACKBERRIES (BOYSENBERRIES)					
Blackberries (Boysenberries), fresh, Whole	Quart (20 oz)	14.90	1/4 cup raw fruit	6.80	1 qt AP = 1.2 lb (about 3-3/4 cups) ready-to-serve raw blackberries
Blackberries (Boysenberries), fresh Whole	Pound	11.90	1/4 cup raw fruit	8.50	1 lb AP = 0.96 lb (about 2-7/8 cups) ready-to-serve raw blackberries
Blackberries (Boysenberries), canned Whole	No. 10 Can (103 oz)	47.80	1/4 cup fruit and liquid	2.10	
	No. 10 Can (103 oz)	42.64	1/4 cup drained fruit	2.35	1 No. 10 can = about 66.0 oz (10-2/3 cups) drained blackberries
	Pound	7.42	1/4 cup fruit and liquid	13.50	
	Pound	6.00	1/4 cup drained	16.67	1 lb AP = about 9.2 oz (1-1/2 cups) drained blackberries
Blackberries (Boysenberries), frozen Unsweetened, Whole	Pound	8.00	1/4 cup cooked fruit (sugar added by SFA during cooking)	12.50	
	Pound	9.00	1/4 cup thawed fruit (sugar added by SFA)	11.20	
Blackberries (Boysenberries), frozen Unsweetened, Puree¹, Includes USDA Foods	Pound	7.70	1/4 cup thawed fruit	13.00	1 lb AP = about 1-7/8 cups thawed fruit juice
	5 lb 12 oz Container	44.20	1/4 cup thawed fruit	2.30	5 lb 12 oz container = about 11 cups thawed fruit juice

NOTE: For Footnotes please see the end of the section.

Section 3 - Fruits

1. Food As Purchased, AP	2. Purchase Unit	3. Servings per Purchase Unit, EP	4. Serving Size	5. Purchase Units for 100 Servings	6. Additional Information
ORANGES (continued)					
Oranges, fresh <i>125 count, Florida or Texas, Whole</i>	Pound	2.90	1 orange (about 5/8 cup fruit and liquid)	34.50	34.5lb/cs x16oz = 552oz/cs 552oz /125count/cs = 4.42oz/ea. 1 Fruit serving must be 4.42oz
Oranges, fresh <i>126 count, Florida or Texas, Whole</i>	Pound	7.02	1/4 cup fruit and liquid (about 1/2 peeled orange)	14.30	1 lb AP = about 0.76 lb (1-3/4 cups) ready-to-serve peeled oranges
Oranges, fresh <i>113 count, Arizona or California, Whole</i>	Pound	2.80	1 orange (about 5/8 cup fruit and liquid)	35.80	
	Pound	5.60	1/4 cup fruit and liquid (about 1/2 peeled orange)	17.90	
Oranges, canned <i>Mandarin</i>	Pound	7.30	1/4 cup fruit and liquid	13.70	
	Pound	6.00	1/4 cup drained fruit	16.70	1 lb AP = about 0.61 lb (about 1-1/2 cups) drained oranges
PAPAYA					
Papaya, fresh <i>Whole</i>	Pound	8.60	1/4 cup cubed fruit	11.70	1 lb AP = about 0.67 lb ready-to-serve papaya
	Pound	5.10	1/4 cup mashed fruit	19.70	1 lb AP = about 0.67 lb ready-to-serve papaya
Papaya, frozen <i>Puree¹, Unsweetened</i>	30 oz Container	12.80	1/4 cup fruit	7.90	30 oz container = about 3-1/4 cups thawed papaya juice
	Pound	7.21	1/4 cup fruit	13.90	1 lb AP = about 1-3/4 cups thawed papaya juice
PASSION FRUIT					
Passion Fruit, fresh <i>Whole</i>	Pound	3.45	1/4 cup juice and pulp (no seeds)	29.00	1 lb AP = 0.45 lb (about 1-3/4 cups) ready-to-serve seedless, raw passion fruit juice and pulp
PEACHES					
Peaches, fresh <i>Size 88 and 84, (small), (2-1/8 inch diameter), Whole</i>	Pound	5.50	1 whole, raw small peach (about 3/8 cup fruit)	18.20	
	Pound	8.25	1/4 cup fruit (about 2/3 peach)	12.20	
Peaches, fresh <i>Size 80, Whole</i>	Pound	4.50	1 whole, raw peach (about 1/2 cup fruit)	22.30	
	Pound	9.00	1/4 cup fruit (about 1/2 peach)	11.20	
	Pound	10.70	1/4 cup raw, sliced fruit (about 3 slices, 1/2-inch slices)	9.40	1 lb AP = 0.93 lb (about 2-2/3 cups) ready-to-serve unpeeled, pitted, sliced peaches
	Pound	10.20	1/4 cup raw, diced fruit	9.90	1 lb AP = 0.93 lb (about 2-1/2 cups) ready-to-serve unpeeled, pitted, diced peaches

NOTE: For Footnotes please see the end of the section.



TF FOODSERVICE BABY CARROTS 3oz

Nutrition Facts	
Serving Size 1 Bag (85g)	
Amount Per Serving	
Calories 30	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 7g	2%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 1g	
Vitamin A 230% • Vitamin C 4%	
Calcium 2% • Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



INGREDIENTS: CARROTS.