

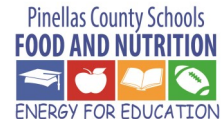
NOVEMBER Elementary Lunch Menu



DAILY BREAKFAST CHOICES
Hot or cold breakfast choices are available daily, i.e.:
Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast.
Must choose at least 1: Fruit or Juice.
May choose 1: Milk
Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:
Choose 1: Entrée.
Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)
May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

Available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

PLEASE NOTE:
The nationwide labor, driver and product shortages are having a significant impact on our school cafeterias. We may need to change our menus without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutes are necessary. We apologize for any inconvenience.



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| <p>1 CHOOSE ONE: Breaded Chicken Sandwich Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Turkey Club Wrap CHOOSE: Santé Fe Black Beans Fresh Veggie Dippers</p> | <p>2 CHOOSE ONE: Breakfast for Lunch Mozzarella Stuffed Garlic - Breadsticks Chicken Caesar Salad PB&J Kit CHOOSE: Deli Roaster Potato * Marinara Sauce Cup * Romaine Side Salad *</p> | <p>3 CHOOSE ONE: Chicken Nuggets Pasta w/ Meatballs or Pasta w/ Meat Sauce Yogurt & Fruit Parfait Ham & Cheese Croissant CHOOSE: Corn Niblets Sliced Cucumbers Side Salad</p> | <p>4 CHOOSE ONE: Mandarin Orange Chicken Rice Bowl w/ Chow Mein Noodles Grilled Cheese Sandwich Chef Salad Chicken Caesar Wrap CHOOSE: Tomato Soup Mixed Side Salad</p> | <p>5 CHOOSE ONE: Pizza Variety Cheesy Fish Filet Sandwich Apple -A- Day Salad Deli Carver Combo Sub CHOOSE: Green Beans Fresh Veggie Dippers</p> |
| <p>8 CHOOSE ONE: Hamburger Sliders or Cheeseburger Sliders Popcorn Chicken & Waffle Fruit & Yogurt Plate Turkey Club Wrap CHOOSE: Country Baked Beans Fresh Veggie Dippers</p> | <p>9 CHOOSE ONE: Beef Tacos or Pork Tacos Cheesy Bread Chicken Caesar Salad PB&J Kit CHOOSE: Corn Niblets* Marinara Sauce Cup * Romaine Side Salad *</p> | <p>10 CHOOSE ONE: Macaroni & Cheese Tacho Chicken Bowl w/ Garlic Breadstick Chef Salad Ham & Cheese Croissant CHOOSE: Broccoli Florets Sliced Cucumbers Side Salad</p> | <p>11 CHOOSE ONE: Managers Choice BBQ Pork or BBQ Chicken Flatbread Yogurt & Fruit Parfait Chicken Caesar Wrap CHOOSE: Crispy Fries Mixed Side Salad</p> | <p>12 CHOOSE ONE: Pizza Variety Boneless Dill Chicken Wings & Roll Apple -A- Day Salad Deli Carver Combo Sub CHOOSE: Green Beans Fresh Veggie Dippers</p> |
| <p>15 CHOOSE ONE: Chicken Tenders & Roll Backyard Pizza Burger Fruit & Yogurt Plate Turkey Club Wrap CHOOSE: Mixed Vegetable Medley Fresh Veggie Dippers</p> | <p>16 CHOOSE ONE: Max Cheese Sticks Chicken Vegetable Dumpling w/ Chicken Fried Rice Chicken Caesar Salad PB&J Kit CHOOSE: Green Beans * Marinara Sauce Cup * Romaine Side Salad *</p> | <p>17 CHOOSE ONE: Teriyaki Beef Dippers & Rice Cavatappi Pasta Alfredo Chef Salad Ham & Cheese Croissant CHOOSE: Broccoli Florets Sliced Cucumbers Side Salad</p> | <p>18 CHOOSE ONE: Corn Dog or Hot Dog on a Bun Popcorn Chicken, Mashed Potatoes, Gravy & Roll Yogurt & Fruit Parfait Chicken Caesar Wrap CHOOSE: Corn Niblets Mixed Side Salad</p> | <p>19 CHOOSE ONE: Pizza Variety Chicken Tinga Tacos Apple -A- Day Salad Deli Carver Combo Sub CHOOSE: Country Baked Beans Fresh Veggie Dippers</p> |

THANKSGIVING BREAK

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| <p>29 CHOOSE ONE: Breaded Chicken Sandwich Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Turkey Club Wrap CHOOSE: Santé Fe Black Beans Fresh Veggie Dippers</p> | <p>30 CHOOSE ONE: Breakfast for Lunch Mozzarella Stuffed Garlic - Breadsticks Chicken Caesar Salad PB&J Kit CHOOSE: Deli Roaster Potato * Marinara Sauce Cup * Romaine Side Salad *</p> |
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For Menu & Nutrition Information or to download the app on your device! Visit nutrislice.com

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