

**PALM HARBOR MIDDLE SCHOOL**  
**Athletic Start Dates & Coaches Information**  
**2024-2025**

**Volleyball – August 12<sup>th</sup>**

*Girls Coach:* Holly Dillon [dillonh@pcsb.org](mailto:dillonh@pcsb.org)

*Boys Coach:* Debra Leavy [leavyd@pcsb.org](mailto:leavyd@pcsb.org)

**Cross Country - August 19<sup>th</sup>**

*Coach:* Samantha Bellucci [belluccis@pcsb.org](mailto:belluccis@pcsb.org)

*Assistant:* Joanne Wright [WrightJoa@pcsb.org](mailto:WrightJoa@pcsb.org)

**Basketball – October 14<sup>th</sup> 2024**

*Boys Coach:* Frank Lang [langf@pcsb.org](mailto:langf@pcsb.org)

*Girls Coach:* Scott Pratt [pratts@pcsb.org](mailto:pratts@pcsb.org)

**Track and Field- January 2025**

*Boys Coach:* Samantha Bellucci [belluccis@pcsb.org](mailto:belluccis@pcsb.org)

*Assistant:* Arsenios Paschopoulos [paschopoulosa@pcsb.org](mailto:paschopoulosa@pcsb.org)

*Girls Coach:* Jamesha Cobb [Cobbj@pcsb.org](mailto:Cobbj@pcsb.org)

*Assistant:* Jennifer Jenkins [Jenkinsjen@pcsb.org](mailto:Jenkinsjen@pcsb.org)

**Flag Football- March 2025**

*Boys Coach:* Arsenios Paschopoulos [paschopoulosa@pcsb.org](mailto:paschopoulosa@pcsb.org)

*Girls Coach:* Jamesha Cobb [Cobbj@pcsb.org](mailto:Cobbj@pcsb.org)

**Cheerleading – August 19<sup>th</sup>**

Tryouts- August 19<sup>th</sup>

*Coach:* Julianne Capri – [caprij@pcsb.org](mailto:caprij@pcsb.org)

**Intramurals:**

Fall:TBD

**Winter: Soccer**

Ms. Mitchell: [Mitchellbre@pcsb.org](mailto:Mitchellbre@pcsb.org)

**Spring: Flag Football**

Mr. Paschopoulos: [paschopoulosa@pcsb.org](mailto:paschopoulosa@pcsb.org)