



September

High School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>DAILY LUNCH CHOICES:</p> <p>Choose 1: Entrée.</p> <p>Must choose at least 1:</p> <p>Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)</p> <p>May Choose: 1 Milk:</p> <p>Skim, Low Fat White, or Fat Free Chocolate.</p> <p>Available for lunch daily:</p> <p>Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices</p>	<p>All Meals Include Milk & Fruit Choices</p> 	<p>All menus are subject to change! We do our best to provide our customers with all of our planned options; If necessary, we may provide similar substitutions</p>	<p>1 CHOOSE ONE: Meatlovers' Stromboli Chicken Souvlaki Sandwich or Chicken Fajita Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Sweet Potato Fries,*Marinara Cup Fresh Veggie Dippers</p>	<p>2 CHOOSE ONE Chicken Tinga Rice Bowl w/ Roll or Chicken Tinga Taco w/ Taco Set-up Cheezy Bread Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Broccoli,*Marinara Cup Romaine Salad</p>
<p>5</p>  <p>LABOR DAY—NO SCHOOL</p>	<p>6 CHOOSE ONE: BBQ Pork Nachos Chicken and Broccoli Penne Alfredo w/Roll Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Broccoli Romaine Side Salad</p>	<p>7 CHOOSE ONE: Boneless Buffalo Chicken & Fry Basket w/Roll Pasta w/Meat sauce & Roll or Lasagna Rollup & Roll Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Green Beans Sliced Cucumbers</p>	<p>8 CHOOSE ONE Mini Cheese Calzones Popcorn Chicken Mashed Potato Gravy Bowl w/ Roll Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Corn Niblets, *Marinara Cup Fresh Veggie Dippers</p>	<p>9 CHOOSE ONE Chicken Drumstick w/ Mac and Cheese & Roll Corn Dog or Corn Dog Nuggets, or Hot Dog on a Bun Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Country Baked Beans Romaine Salad</p>
<p>12 CHOOSE ONE: Chicken & Mini Waffles Cheesy Cavatappi Pasta w/ Roll Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Corn Niblets Fresh Veggie Dippers</p>	<p>13 CHOOSE ONE: Beef or Pork Tacos Breaded Chicken Sandwich (Spicy or Original) Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Refried Fiesta Beans Romaine Side Salad</p>	<p>14 CHOOSE ONE: Cherry Blossom or Firecracker Chicken & Rice Bowl BBQ Pork Sandwich Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Crispy Fries Sliced Cucumbers</p>	<p>15 CHOOSE ONE: Meatlovers' Stromboli Chicken Souvlaki Sandwich or Chicken Fajita Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Sweet Potato Fries,*Marinara Cup Fresh Veggie Dippers</p>	<p>16 CHOOSE ONE Chicken Tinga Rice Bowl w/ Roll or Chicken Tinga Taco w/ Taco Set-up Cheezy Bread Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Broccoli,*Marinara Cup Romaine Salad</p>
<p>19 CHOOSE ONE: General Tso's Chicken Rice Bowl Hamburger on a Bun or Cheeseburger on a Bun Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Tator Tots Fresh Veggie Dippers</p>	<p>20 CHOOSE ONE: BBQ Pork Nachos Chicken and Broccoli Penne Alfredo w/Roll Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Broccoli Romaine Side Salad</p>	<p>21 CHOOSE ONE: Boneless Buffalo Chicken & Fry Basket w/Roll Pasta w/Meat sauce & Roll or Lasagna Rollup & Roll Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Green Beans</p>	<p>22 CHOOSE ONE Mini Cheese Calzones Popcorn Chicken Mashed Potato Gravy Bowl w/ Roll Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Corn Niblets, *Marinara Cup Fresh Veggie Dippers</p>	<p>23 CHOOSE ONE Chicken Drumstick w/ Mac and Cheese & Roll Corn Dog or Corn Dog Nuggets, or Hot Dog on a Bun Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Country Baked Beans Romaine Salad</p>
<p>26 CHOOSE ONE: Chicken & Mini Waffles Cheesy Cavatappi Pasta w/ Roll Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Corn Niblets Fresh Veggie Dippers</p>	<p>27 CHOOSE ONE: Beef or Pork Tacos Breaded Chicken Sandwich (Spicy or Original) Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Refried Fiesta Beans Romaine Side Salad</p>	<p>28 CHOOSE ONE: Cherry Blossom or Firecracker Chicken & Rice Bowl BBQ Pork Sandwich Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Crispy Fries Sliced Cucumbers</p>	<p>29 CHOOSE ONE: Meatlovers' Stromboli Chicken Souvlaki Sandwich or Chicken Fajita Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Sweet Potato Fries,*Marinara Cup Fresh Veggie Dippers</p>	<p>30 CHOOSE ONE Chicken Tinga Rice Bowl w/ Roll or Chicken Tinga Taco w/ Taco Set-up Cheezy Bread Entrée Salad Variety Cold Entrée Sandwich Variety CHOOSE: Broccoli,*Marinara Cup Romaine Salad</p>

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