

Monday

CHOOSE ONE: **3**
Mini Cheese Calzones
BBQ Pork Nachos
Chicken Caesar Salad
Spicy Chicken Wrap
CHOOSE:
Broccoli
Marinara Cup
Fresh Veggie Dippers

CHOOSE ONE: **10**
Chicken & Mini Waffles
Cheesy Cavatappi Pasta w/ Roll
Chicken Caesar Salad
Spicy Chicken Wrap
CHOOSE:
Sweet Potato Fries
Fresh Veggie Dippers

Pro-Ed Day **17**
Sign up for a
Food and Nutrition
Class

CHOOSE ONE: **24**
Chicken & Mini Waffles
Cheesy Cavatappi Pasta w/ Roll
Chicken Caesar Salad
Spicy Chicken Wrap
CHOOSE:
Sweet Potato Fries
Fresh Veggie Dippers

CHOOSE ONE: **31**
Mini Cheese Calzones
BBQ Pork Nachos
Chicken Caesar Salad
Spicy Chicken Wrap
CHOOSE:
Broccoli
Marinara Cup
Fresh Veggie Dippers

Tuesday

CHOOSE ONE: **4**
Cheeseburger **or**
Hamburger on a Bun
Cherry Blossom Chicken Rice Bowl **or**
Firecracker Chicken Rice Bowl
Fruit & Yogurt Parfait
Ham & Cheese Sandwich
CHOOSE:
Tator Tots,*Romaine Side Salad

CHOOSE ONE: **11**
Beef **or** Pork Tacos
Chicken Sandwich
Fruit & Yogurt Parfait
Ham & Cheese Sandwich
CHOOSE:
Santa Fe Black Beans
Romaine Side Salad

CHOOSE ONE: **18**
Cheeseburger **or**
Hamburger on a Bun
Cherry Blossom Chicken Rice Bowl **or**
Firecracker Chicken Rice Bowl
Fruit & Yogurt Parfait
Ham & Cheese Sandwich
CHOOSE:
Tator Tots,*Romaine Side Salad

CHOOSE ONE: **25**
Beef **or** Pork Tacos
Chicken Sandwich
Fruit & Yogurt Parfait
Ham & Cheese Sandwich
CHOOSE:
Santa Fe Black Beans
Romaine Side Salad

Wednesday

CHOOSE ONE: **5**
Chicken Nuggets & Fry Basket w/Roll
Pasta w/Meat sauce & Roll **or**
Lasagna Rollup & Roll
Chicken BLT Salad
Turkey Club Wrap
CHOOSE:
Mixed Veggie Medley
Sliced Cucumbers

CHOOSE ONE: **12**
General Tso's Chicken & Rice Bowl
Grilled Cheese **or** School Made Quesadilla
Chicken BLT Salad
Turkey Club Wrap
CHOOSE:
Crispy Fries
Sliced Cucumbers

CHOOSE ONE: **19**
Chicken Nuggets & Fry Basket w/Roll
Pasta w/Meat sauce & Roll **or**
Lasagna Rollup & Roll
Chicken BLT Salad
Turkey Club Wrap
CHOOSE:
Mixed Veggie Medley
Sliced Cucumbers

CHOOSE ONE: **26**
General Tso's Chicken & Rice Bowl
Grilled Cheese **or** School Made Quesadilla
Chicken BLT Salad
Turkey Club Wrap
CHOOSE:
Crispy Fries
Sliced Cucumbers

Thursday

CHOOSE ONE: **6**
Popcorn Chicken Mashed Potato Gravy
Bowl w/ Roll
Cheezy Bread
Greek **or** Antipasto Salad
Chicken Caesar Wrap
CHOOSE:
Corn Niblets
Mixed Side Salad

CHOOSE ONE: **13**
BBQ Pork Sandwich
Tacho Chicken Platter w/ Biscuit
Greek **or** Antipasto Salad
Chicken Caesar Wrap
CHOOSE:
Broccoli
Mixed Side Salad

CHOOSE ONE: **20**
Popcorn Chicken Mashed Potato Gravy
Bowl w/ Roll
Cheezy Bread
Greek **or** Antipasto Salad
Chicken Caesar Wrap
CHOOSE:
Corn Niblets
Mixed Side Salad

CHOOSE ONE: **27**
BBQ Pork Sandwich
Tacho Chicken Platter w/ Biscuit
Greek **or** Antipasto Salad
Chicken Caesar Wrap
CHOOSE:
Broccoli
Mixed Side Salad

Friday

CHOOSE ONE: **7**
Corn Dog **or** Hot Dog on a Bun
Chicken and Broccoli Alfredo w/ Roll
Fruit & Yogurt Plate
Turkey & Cheese Hoagie
CHOOSE:
Country Baked Beans
Fresh Veggie Dippers

CHOOSE ONE: **14**
Chicken Tinga Rice Bowl w/ Roll **or**
Chicken Tinga Taco w/ Taco Set-up
Meat Lover Stromboli
Fruit & Yogurt Plate
Turkey & Cheese Hoagie
CHOOSE:
Corn Niblets,*Marinara Cup
Veggie Dippers

CHOOSE ONE: **21**
Corn Dog **or** Hot Dog on a Bun
Chicken and Broccoli Alfredo w/ Roll
Fruit & Yogurt Plate
Turkey & Cheese Hoagie
CHOOSE:
Country Baked Beans
Fresh Veggie Dippers

CHOOSE ONE: **28**
Chicken Tinga Rice Bowl w/ Roll **or**
Chicken Tinga Taco w/ Taco Set-up
Meat Lover Stromboli
Fruit & Yogurt Plate
Turkey & Cheese Hoagie
CHOOSE:
Corn Niblets,*Marinara Cup
Veggie Dippers

Please note:
The nationwide labor, driver, and product shortages are having a significant impact on our school cafeterias. We may need to change our menus without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutions are necessary. We apologize for any inconveniences.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: [mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410](mailto:mail@usda.gov); or [fax: \(833\) 256-1665](tel:(833)256-1665) or (202) 690-7442; or [email: program_intake@usda.gov](mailto:program_intake@usda.gov). This institution is an equal opportunity provider.

DAILY LUNCH CHOICES

Choose 1:
Entrée.

Must choose at least 1:

Fruit or Vegetable

(may-choose up to 2 servings each of fruits & Veggies With their lunch meal)

May Choose:
1 Milk:

Skim, Low Fat White, or Fat Free Chocolate.

Available for lunch daily:

Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Monday

Tuesday

Wednesday

Thursday

Friday

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