

Monday

Tuesday

Wednesday

Thursday

Friday

DAILY LUNCH CHOICES

Choose 1:
Entrée.

Must choose at least 1:

Fruit or Vegetable

(may-choose up to 2 servings each of fruits & Veggies With their lunch meal)

May Choose:
1 Milk:

Skim, Low Fat White, or Fat Free Chocolate.

Available for lunch daily:

Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

3

CHOOSE ONE:

General Tso's Chicken Rice Bowl
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Tator Tots,
Fresh Veggie Dippers

4

CHOOSE ONE:

BBQ Pork Nachos
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Broccoli
Romaine Side Salad

5

CHOOSE ONE:

Pasta w/Meat sauce & Roll **or**
Lasagna Rollup & Roll
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Green Beans
Sliced Cucumbers

6

CHOOSE ONE:

Popcorn Chicken Mashed Potato Gravy
Bowl w/ Roll
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Corn Niblets
Fresh Veggie Dippers

7

CHOOSE ONE:

Chicken Drumstick
w/ Mac and Cheese & Roll
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Country Baked Beans
Romaine Salad

10

CHOOSE ONE:

Chicken & Mini Waffles
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Corn Niblets
Fresh Veggie Dippers

11

CHOOSE ONE:

Beef **or** Pork Tacos
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Refried Fiesta Beans
Romaine Side Salad

12

CHOOSE ONE:

Cherry Blossom **or** Firecracker
Chicken & Rice Bowl
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Crispy Fries
Sliced Cucumbers

13

CHOOSE ONE:

Meatlovers' Stromboli
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Sweet Potato Fries
Marinara Cup
Fresh Veggie Dippers

14

CHOOSE ONE:

Chicken Tinga Rice Bowl w/ Roll **or**
Chicken Tinga Taco w/ Taco Set-up
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Broccoli
Marinara Cup
Romaine Salad

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Pro-Ed Day
Sign up for a
Food and Nutrition
Class

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CHOOSE ONE:

BBQ Pork Nachos
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Broccoli
Romaine Side Salad

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CHOOSE ONE:

Pasta w/Meat sauce & Roll **or**
Lasagna Rollup & Roll
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Green Beans
Sliced Cucumbers

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CHOOSE ONE:

Popcorn Chicken Mashed Potato Gravy
Bowl w/ Roll
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Corn Niblets
Fresh Veggie Dippers

21

CHOOSE ONE:

Chicken Drumstick
w/ Mac and Cheese & Roll
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Country Baked Beans
Romaine Salad

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CHOOSE ONE:

Chicken & Mini Waffles
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Corn Niblets
Fresh Veggie Dippers

25

CHOOSE ONE:

Beef **or** Pork Tacos
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Refried Fiesta Beans
Romaine Side Salad

26

CHOOSE ONE:

Cherry Blossom **or** Firecracker
Chicken & Rice Bowl
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Crispy Fries
Sliced Cucumbers

27

CHOOSE ONE:

Meatlovers' Stromboli
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Sweet Potato Fries
Marinara Cup
Fresh Veggie Dippers

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CHOOSE ONE:

Chicken Tinga Rice Bowl w/ Roll **or**
Chicken Tinga Taco w/ Taco Set-up
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Broccoli
Marinara Cup
Romaine Salad

31

CHOOSE ONE:

General Tso's Chicken Rice Bowl
Entrée Salad Variety
Cold Entrée Sandwich Variety
CHOOSE:
Tator Tots,
Fresh Veggie Dippers

Please note:

The nationwide labor, driver, and product shortages are having a significant impact on our school cafeterias. We may need to change our menus without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutions are necessary. We apologize for any inconveniences.

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Wednesday

Thursday

Friday

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