

MAY 2023

Breakfast K-12 Menu

Early Release
Last Day of School
May 25th 2023
Have A Great Summer!



Breakfast Choices

Hot or Cold Entrée
Choices Available Daily

i.e.: Pancakes,
Breakfast Sandwich,
Cereal & Toast,
or Cereal Bar & Toast.

Must Choose 1:

Fruit or Juice
(may choose up to
2 servings of fruits)

May Choose: 1 Milk:

Low Fat White,
Fat Free Chocolate,
Fat Free Strawberry or
Fat Free Skim

Please Note:

The nationwide labor, driver, and product shortages are having a significant impact on our school cafeterias. We may need to change our menus without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutions are necessary.

We apologize for any inconveniences.

Monday	Tuesday	Wednesday	Thursday	Friday					
<p>1</p> <p>Chicken Waffle Sandwich Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>2</p> <p>Ham, Egg & Cheese Croissant Sandwich Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>3</p> <p>Glazed Cinnamon Roll Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>4</p> <p>Sausage Biscuit <u>or</u> Grits & Sausage Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>5</p> <p>Egg & Cheese Burrito Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>					
<p>8</p> <p>Sausage Cheese Breakfast Pizza Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>9</p> <p>Breakfast Skillet Egg•Potato•Cheese•Biscuit Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>10</p> <p>Eggo Chocolate Chip French Toast Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>11</p> <p>Sausage Waffle Sandwich Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>12</p> <p>Egg & Cheese Croissant Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>					
<p>15</p> <p>Chicken Biscuit Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>16</p> <p>Steak Fritter Slider Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>17</p> <p>Egg Cheese Burrito Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>18</p> <p>Eggo Cinnamon Waffle Minis Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>19</p> <p>Cheese Toast Bacon Cheese Toast (High School Only) Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>					
<p>22</p> <p>Chicken Waffle Sandwich Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>23</p> <p>Ham, Egg & Cheese Croissant Sandwich Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>24</p> <p>Glazed Cinnamon Roll Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>25</p> <p>Sausage Biscuit Cereal Variety Bowl-Pak Cereal Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>						
<p>29 Schools Closed</p> <p></p>	<p>FREE & REDUCED MEAL APPLICATIONS PROVIDE SO MUCH MORE THAN JUST LUNCH YOUR MEAL APPLICATION PROVIDES A FULL RANGE OF HELP</p> <table border="1"> <tr> <td> <p>Additional funding to support education</p> </td> <td> <p>Funding for technology and internet access</p> </td> <td> <p>Discounted testing fees, free clothes and more</p> </td> <td> <p>Discounted fees related to college applications and summer camps</p> </td> <td> <p>Healthy, nutritious & affordable student meals</p> </td> </tr> </table> <p>APPLY ONLINE @ WWW.MYSCHOOLAPPS.COM</p>				<p>Additional funding to support education</p>	<p>Funding for technology and internet access</p>	<p>Discounted testing fees, free clothes and more</p>	<p>Discounted fees related to college applications and summer camps</p>	<p>Healthy, nutritious & affordable student meals</p>
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